

Assembly delivery plan

Welcome Introduction to the topic and why

Question to the audience Who knows what a young carer is?

WSCC definition of a young carer

A young carer is a young person under the age of 18 whose life is affected by the care needs of another person, who may have any disability or long-term illness. This could be anybody with a physical or learning disability, mental health problem, long term chronic health condition, someone who misuses drugs or alcohol, or is elderly and frail.

Young carers provide, or help to provide, a level of care and support to that person and take on a level of responsibility usually associated with an adult. The person they care for is usually someone they live with and could be a parent, sibling, grandparent or other relative.

Our school recognises the important and valuable role that young carers do at home and that sometimes this can be hard to juggle with school and feel a bit too much. You can get extra support and have someone to talk to at this school if you need it and I will tell you more about this after the activity we are about to do.

Two staff volunteers for role play – one YC and one not a YC

Question to the audience What do you like to do after school and at the weekends. Take suggestions and give prop to volunteer who is a child but **not a YC** e.g. game, toy, drawing book, homework, skipping rope etc

Question to the audience What are some of the things that a young person might be doing at home if they **are a young carer** and helping to look after someone? Each suggestion invite young person up to see if there is prop for that and then give to the young carer volunteer. If no prop then flipchart and young person can stay there as a reminder of task.

Washing – laundry basket, ainer with t-towels, pegs

Working – homework folder

Washing up – washing up bowl, liquid, cloth

Keep entertained – blow up radio, microphone

Shopping – shopping basket, list

Tidying – Hoover

Pay the bills – large cheque

Look after/wash – towel, shower cap, hairdryer

Cooking – saucepan, oven gloves, wooden spoon

Put to bed – pillow, blanket

Feeding – plate, cutlery, mug

Translating/explaining – dictionary

Making telephone calls/appointments – inflatable phone

Giving medicine – pill bottle, dispenser, message in a bottle

Take to GP – bag of worries

Rubbish bag

Recycling – wine bottle, beer can

How the young carer volunteer feeling?

What are we trying to show here? All the extra responsibility and things a young carer might be doing to help look after someone at home – sometimes they might be late for school, tired and worried.

The staff here understand that some of you are young carers doing this very important job, that you feel proud of doing that and want to help and offer you the support when you need it. Emma from the Young Carer Service and I are working together for our school to get an award for this too.

Pastoral/teachers/volunteers – when, where, how

Drop ins/message box

Posters

Thank you for your help and for listening and sitting so quietly.

If you want to talk to any one after this assembly then you can talk to me, Mrs Seymour, Kestrel class teacher as well as the Young Carers Operational Lead/Champion, or Mr Moore our head teacher who is also the Young Carer Lead.